

**ASA National Masters & Seniors
Inter County Competition (East Region)
Under ASA Laws & ASA Masters Technical Rules
at Newmarket Leisure Centre
Sunday 17 November 2013**

Overall Placings & Points		
1	Essex	241
2	Herts	233
3	Norfolk	206
4	Bedfordshire	197
5	Suffolk	124

R.T.=
Reaction
Time

EVENT 1 Mens 65+ 50m Freestyle

Full Results

Place	Name	DoB	Club	Time
1.	Chris DUNN	04/08/46	Herts	29.14
2.	Chris STAINES	06/05/45	Norfolk	35.13
3.	Derek GORE	07/05/40	Essex	35.99
4.	Paul CLARKE	02/01/42	Bedfordshire	40.26
			Suffolk	DNC

EVENT 2 Womens 65+ 50m Freestyle

Full Results

Place	Name	DoB	Club	Time
1.	Jill COMPLIN	09/09/40	Essex	37.93
2.	Jackie JACKSON	28/02/38	Herts	41.70
3.	Sue HOLDICH	28/06/43	Suffolk	41.90
4.	Andrea MINOR	18/08/48	Bedfordshire	42.63
5.	Lee MACDONALD	09/04/48	Norfolk	46.03

EVENT 3 Mens 55+ 50m Freestyle

Full Results

Place	Name	DoB	Club	Time
1.	Barry CHANDLER	06/04/57	Herts	27.75
2.	Philip COTTON	03/07/56	Norfolk	30.52
3.	Pete ILES	19/05/53	Bedfordshire	31.86
4.	Terry MANSI	03/02/49	Suffolk	33.74
5.	Nicholas HUNT	26/01/56	Essex	34.30

EVENT 4 Womens 55+ 50m Freestyle

Full Results

Place	Name	DoB	Club	Time
1.	Alyson FORDHAM	29/10/56	Essex	31.60
2.	Christine AYERS	11/03/53	Bedfordshire	36.91
3.	Sharon MCLELLAN	08/02/58	Suffolk	37.97
4.	Margaret CARRIER	05/04/54	Herts	38.24
5.	Vanessa POOLEY	07/05/58	Norfolk	39.47

EVENT 5 Mens 45+ 50m Freestyle

Full Results

Place	Name	DoB	Club	Time
1.	Craig KIRKLAND	11/03/68	Herts	26.59
2.	Marcel SCHOLTEN	12/02/66	Bedfordshire	28.05
3.	Phillip MOULSON	17/02/66	Norfolk	29.47
4.	Geoff BAKER	10/04/59	Essex	29.66
5.	Phil GILBEY	30/03/67	Suffolk	29.69

EVENT 6 Womens 45+ 50m Freestyle

Full Results

Place	Name	DoB	Club	Time
1.	Liz WOOLNER	10/02/67	Bedfordshire	29.56
2.	Madeline RAYMOND	06/08/62	Essex	31.15
3.	Sally WINTER	27/03/60	Herts	31.59
4.	Isobel ROBSON	19/06/65	Norfolk	31.90
5.	Jane SMITH	31/08/64	Suffolk	35.87

EVENT 7 Mens 35+ 50m Freestyle

Full Results

Place	Name	DoB	Club	Time
1.	Daryl MASON	20/07/70	Herts	25.30
2.	Martin LANE	23/03/71	Essex	25.35
3.	David WEBSTER	03/06/78	Norfolk	27.05
4.	Martin HAILES	01/07/74	Suffolk	27.42
5.	Mark WAREHAM	30/06/72	Bedfordshire	28.74

EVENT 8 Womens 35+ 50m Freestyle

Full Results

Place	Name	DoB	Club	Time
1.	Dawn PALMER	04/04/75	Essex	29.00
2.	Kate WARWICK	05/07/78	Norfolk	29.47
3.	Anne VANNER	22/02/72	Herts	30.26
4.	Sharon PERRY	05/07/72	Suffolk	31.01
5.	Cheryl TEMPLEMAN	25/01/78	Bedfordshire	32.54

EVENT 9 Mens 25+ 50m Freestyle

Full Results

Place	Name	DoB	Club	Time
1.	David EBANKS	10/04/82	Essex	25.42
2.	Will APPLEBY	15/06/82	Norfolk	25.44
3.	Ashley BUCK	25/05/80	Suffolk	25.64
4.	Stuart CLARKE	17/04/84	Herts	25.99
5.	Chris LEWINDON	29/03/83	Bedfordshire	27.95

EVENT 10 Womens 25+ 50m Freestyle

Full Results

Place	Name	DoB	Club	Time
1.	Miriam OWENS	09/09/83	Bedfordshire	28.94
2.	Catherine MARKWELL	06/08/81	Norfolk	29.05
3.	Elizabeth BELLINGER	22/09/78	Herts	29.12
4.	Michelle CURRY	03/07/87	Essex	29.36
5.	Philippa DAVIES	27/05/84	Suffolk	30.29

EVENT 11 Mens 18+ 50m Freestyle

Full Results

Place	Name	DoB	Club	Time
1.	Mark COLLINS	22/04/93	Norfolk	25.22
2.	Richard CHARLESWORTH	26/10/88	Herts	25.48
3.	Danny BAKER	30/03/94	Essex	26.03
4.	Jake HUGHES	29/10/95	Suffolk	26.50
5.	Lewis KING	18/09/90	Bedfordshire	27.73

EVENT 12 Womens 18+ 50m Freestyle

Full Results

Place	Name	DoB	Club	Time
1.	Nicola REES	09/03/90	Essex	27.06
2.	Lucy CHARLES	15/09/93	Herts	27.88
3.	Marcella ARIS	06/10/95	Norfolk	28.73
4.	Carla KING	04/07/83	Bedfordshire	29.16
5.	Kelly MURRAY	26/11/90	Suffolk	30.93

EVENT 13 Mixed 260+ 200m Medley Team**Full Results**

Place	Name	A.G	Club	Time	R.T.	Split
1.	Hertfordshire ASA		Herts Janet Gardiner Ian Bays Chris Dunn Jackie Jackson	2:44.47		
					+ 0.33	1.28.70
					+ 0.80	34.78
						40.99
2.	Essex County ASA		Essex Derek Gore Barbara Boxall Alan Canham Jill Complin	2:56.99		48.54
					+ 0.60	46.17
					+ 0.61	43.39
					- 0.11	38.89
	Suffolk ASA		Suffolk	DNC		
	Norfolk County ASA		Norfolk Alan Jackson Chris Trueman Pat Jackson Lee Macdonald	DQ FO		
					-.--	
					-.--	
					-.--	
	Bedfordshire ASA		Bedfordshire Paul Clarke Andrea Minor Peter Iles Janet Masters	DQ S		
					-.--	
					-.--	
					-.--	

EVENT 14 Womens 180+ 200m Medley Team**Full Results**

Place	Name	A.G	Club	Time	R.T.	Split
1.	Essex County ASA		Essex Dawn Palmer Sally Wood Madeline Raymond Alyson Fordham	2:17.07		33.90
					+ 0.39	37.98
					+ 0.28	33.35
					+ 0.27	31.84
2.	Norfolk County ASA		Norfolk Jo Johnson Isobel Robson Jo Cresswell Dina Thornton	2:28.36		38.98
					-.--	41.60
					-.--	35.13
					-.--	32.65
3.	Hertfordshire ASA		Herts Sally Winter Sian Macdonald Dani Harrison Michelle Hewson	2:29.45		38.67
					+ 0.35	
					+ 0.23	1.19.63
						31.15
4.	Bedfordshire ASA		Bedfordshire Christine Ayres Laura Robinson Liz Woolner Jackie Maycock	2:32.14		43.59
					-.--	40.43
					-.--	31.21
					-.--	36.91
5.	Suffolk ASA		Suffolk Jane Smith Sharon Perry Laurel Greszler Maureen Wright	2:42.35		44.44
					+ 0.52	40.06
					+ 0.37	47.96
						29.89

EVENT 15 Mens 180+ 200m Medley Team**Full Results**

Place	Name	A.G	Club	Time		
1.	Bedfordshire ASA		Bedfordshire	2:11.75		
			Dave Cartledge			33.04
			Carl Roberts		-.--	36.54
			Marcel Scholten		-.--	29.95
			John O'Rourke		-.--	32.22
2.	Essex County ASA		Essex	2:13.18		
			Matthew Rickett			38.46
			Nickolas Hunt		+ 0.44	36.47
			Geoff Baker		+ 0.41	30.75
			Keith Oddy		+ 0.52	27.50
3.	Hertfordshire ASA		Herts	2:16.16		
			Neil Culley			37.95
			Stephen Kemball-Cook		+ 0.45	37.12
			Kevin Binns		+ 0.36	31.39
			Darren Hampshire		+ 0.61	29.70
4.	Norfolk County ASA		Norfolk	2:16.40		
			Ian Balfour			37.44
			Frank Holmes		-.--	36.26
			Phillip Moulson		-.--	32.15
			Adam Lelean		-.--	30.55
5.	Suffolk ASA		Suffolk	2:17.59		
			Martin Hailes			34.92
			Graham King		+ 0.29	35.80
			Peter Lynch		+ 0.54	37.00
			Phil Gilbey		+ 0.76	29.87

EVENT 16 Womens 100+ 200m Medley Team**Full Results**

Place	Name	A.G	Club	Time	R.T.	Split
1.	Essex County ASA		Essex	2:12.56		
			Michelle Curry			34.09
			Sally Wood		+ 0.54	38.71
			Katie Holmes		+ 0.30	28.88
			Nicola Rees		+ 0.25	30.88
2.	Bedfordshire ASA		Bedfordshire	2:14.85		
			Miriam Owens			36.53
			Sarah Pearse		-.--	37.03
			Samantha Hammond		-.--	32.39
			Carla King		-.--	28.90
3.	Hertfordshire ASA		Herts	2:15.60		
			Kerry-Anne Edwards			35.22
			Amanda White		+ 0.63	39.29
			Elizabeth Bellinger		+ 0.50	30.89
			Anne Vanner		+ 0.46	30.20
4.	Norfolk County ASA		Norfolk	2:15.74		
			Catherine Markwell			35.10
			Louise Bush		-.--	34.44
			Hanna Dabbour		-.--	34.86
			Jane Taylor		-.--	31.34
5.	Suffolk ASA		Suffolk	2:23.13		
			Marion Bryant			36.18
			Sarah Clarke		+ 0.49	42.74
			Kelly Murray		+ 0.37	32.58
			Hannah Jones		+ 0.38	31.63

EVENT 17 Mens 100+ 200m Medley Team**Full Results**

Place	Name	A.G	Club	Time	R.T.	Split
1.	Essex County ASA		Essex	1:54.04		
			Mark Osterritter			31.40
			David Ebanks		+ 0.33	30.11
			Mark Billyard		+ 0.32	27.79
			Martin Lane		+ 0.26	24.74
2.	Suffolk ASA		Suffolk	1:55.29		
			Ashley Buck			28.88
			Tom Williams		+ 0.47	31.90
			Lawrence Lowman		+ 0.47	28.10
			Andrew Kimpton		+ 0.14	26.41
3.	Hertfordshire ASA		Herts	1:58.44		
			James Allchorne			30.49
			Richard Charlesworth		+ 0.26	1.01.25
			Craig Kirkland		+ 0.33	
			Anthony Collier			26.70
4.	Bedfordshire ASA		Bedfordshire	1:59.91		
			Lewis King			33.52
			Lawrence Palmer		-.--	28.73
			Chris Lewindon		-.--	29.83
			Peter Leadbetter		-.--	27.83
	Norfolk County ASA		Norfolk	DQ SL 4L		
			Alex Murray			29.52
			Joshua Gray		-.--	
			Ben Johnson		-.--	
			Martin Gale		-.--	

EVENT 18 Womens 65+ 50m Breaststroke**Full Results**

Place	Name	DoB	Club	Time
1.	Pat JACKSON	04/03/47	Norfolk	49.52
2.	Jill COMPLIN	09/09/40	Essex	50.71
3.	Andrea MINOR	18/08/48	Bedfordshire	53.23
4.	Sue HOLDICH	28/06/43	Suffolk	53.68
5.	Barbara EDLIN	05/08/45	Herts	54.26

EVENT 19 Mens 65+ 50m Breaststroke**Full Results**

Place	Name	DoB	Club	Time
1.	Chris DUNN	04/08/46	Herts	41.47
2.	Chris TRUEMAN	13/11/47	Norfolk	41.76
3.	Alan CANHAM	13/03/40	Essex	43.25
4.	Paul CLARKE	02/01/42	Bedfordshire	49.23
			Suffolk	DNC

EVENT 20 Womens 55+ 50m Breaststroke**Full Results**

Place	Name	DoB	Club	Time
1.	Barbara BOXALL	16/10/55	Essex	45.17
2.	Christine AYERS	11/03/53	Bedfordshire	45.88
3.	Margaret CARRIER	05/04/54	Herts	48.61
4.	Sue THORNETT	13/07/55	Norfolk	50.35
5.	Sharon MCLELLAN	08/02/58	Suffolk	53.14

EVENT 21 Mens 55+ 50m Breaststroke**Full Results**

Place	Name	DoB	Club	Time
1.	Nicholas HUNT	26/01/56	Essex	36.92
2.	Philip COTTON	03/07/56	Norfolk	39.22
3.	Paul BRIGNELL	12/01/54	Bedfordshire	40.70
4.	Ian BAYS	16/05/51	Herts	40.79
5.	Stuart MCLELLAN	19/11/49	Suffolk	45.99

EVENT 22 Womens 45+ 50m Breaststroke**Full Results**

Place	Name	DoB	Club	Time
1.	Madeline RAYMOND	06/08/63	Essex	41.11
2.	Isobel ROBSON	19/06/65	Norfolk	41.42
3.	Sian MACDONALD	08/05/62	Herts	42.94
4.	Jackie MAYCOCK	16/10/62	Bedfordshire	46.23
5.	Laurel GRESZLER	30/05/68	Suffolk	46.70

EVENT 23 Mens 45+ 50m Breaststroke**Full Results**

Place	Name	DoB	Club	Time
1.	Marcel SCHOLTEN	12/02/66	Bedfordshire	34.34
2.	Keith ODDY	22/01/63	Essex	36.28
3.	Graham KING	08/08/63	Suffolk	36.51
4.	Frank HOLMES	22/03/66	Norfolk	36.90
5.	Neil CULLEY	16/08/56	Herts	41.20

EVENT 24 Womens 35+ 50m Breaststroke**Full Results**

Place	Name	DoB	Club	Time
1.	Dawn PALMER	04/04/76	Essex	37.18
2.	Kate WARWICK	05/07/78	Norfolk	38.51
3.	Amanda WHITE	02/07/73	Herts	40.18
4.	Sharon PERRY	05/07/72	Suffolk	40.34
5.	Clare WARREN	14/04/07	Bedfordshire	42.99

EVENT 25 Mens 35+ 50m Breaststroke**Full Results**

Place	Name	DoB	Club	Time
1.	Dave CARTLEDGE	06/06/60	Bedfordshire	35.49
2.	Gary WRAIGHT	10/11/77	Essex	35.56
3.	Richard GOODCHILD	08/02/77	Suffolk	36.00
4.	Mark CLAXTON	27/06/71	Norfolk	36.18
5.	Stephen KEMBALL-COOK	04/01/74	Herts	37.15

EVENT 26 Womens 25+ 50m Breaststroke**Full Results**

Place	Name	DoB	Club	Time
1.	Sarah PEARCE	01/10/82	Bedfordshire	36.44
2.	Katie HOLMES	31/07/84	Essex	39.45
3.	Rachel RICHES	16/02/80	Suffolk	40.94
4.	Jane TAYLOR	04/07/80	Norfolk	41.25
5.	Rachel BARBER	30/10/88	Herts	41.45

EVENT 27 Mens 25+ 50m Breaststroke**Full Results**

Place	Name	DoB	Club	Time
1.	David EBANKS	10/04/82	Essex	30.03
2.	Tom WILLIAMS	23/02/85	Suffolk	32.70
3.	Richard CHARLESWORTH	26/10/88	Herts	32.72
4.	Chris LEWINDON	29/03/83	Bedfordshire	35.72
5.	Will APPLEBY	15/06/82	Norfolk	37.03

EVENT 28 Womens 18+ 50m Breaststroke**Full Results**

Place	Name	DoB	Club	Time
1.	Louise BUSH	05/04/91	Norfolk	34.82
2.	Kira DOYLE	03/06/95	Herts	38.12
3.	Sally WOOD	11/12/80	Essex	38.54
4.	Emma IRVINE	23/06/94	Bedfordshire	39.70
5.	Kelly MURRAY	26/11/90	Suffolk	41.00

EVENT 29 Mens 18+ 50m Breaststroke**Full Results**

Place	Name	DoB	Club	Time
1.	Lawrence PALMER	18/12/92	Bedfordshire	29.38
2.	James ALLCHORNE	29/04/89	Herts	32.01
3.	Mark COLLINS	22/04/93	Norfolk	32.82
4.	Tom WILLIAMS	23/03/85	Suffolk	32.88
5.	Martin LANE	23/03/71	Essex	33.58

EVENT 30 Mixed 220+ 200m Medley Team**Full Results**

Place	Name	A.G	Club	Time	R.T.	Split
1.	Hertfordshire ASA		Herts	2:25.47		
			Sally Winter			38.52
			Sian Macdonald		+ 0.61	43.62
			Barry Chandler		+ 0.30	29.20
			Ian Bays		+ 0.53	34.13
2.	Bedfordshire ASA		Bedfordshire	2:30.51		
			Alison Sheehan			43.57
			Paul Brignell		-.--	39.11
			Graham Powell		-.--	31.17
			Christine Ayres		-.--	36.66
3.	Essex County ASA		Essex	2:33.77		
			Derek Gore			48.75
			Nick Hunt		+ 0.46	36.21
			Madeline Raymond		+ 0.43	33.60
			Barbara Boxall		+ 0.59	35.21
4.	Norfolk County ASA		Norfolk	2:39.36		
			Vanessa Pooley			46.44
			Sue Thornett		-.--	
			Phillip Cotton		-.--	1.22.77
			Adam Lelean			30.15
5.	Suffolk ASA		Suffolk	2:41.84		
			Jane Smith			44.78
			Chris Howard		+ 0.36	35.22
			Stuart McLellan		+ 0.58	40.39
			Sue Holdich		+ 0.70	41.45

EVENT 31 Mens 140+ 200m Medley Team**Full Results**

Place	Name	A.G	Club	Time	R.T.	Split
1.	Essex County ASA		Essex	1:59.96		
			Mark Billyard			33.05
			David Ebanks		+ 0.19	30.73
			Geoff Baker		+ 0.20	30.60
			Martin Lane		+ 0.47	25.58
2.	Hertfordshire ASA		Herts	2:02.33		
			Anthony Collier			32.63
			Daryl Mason		-.--	32.39
			Kevin Binns		-.--	31.66
			Craig Kirkland		-.--	25.65
3.	Bedfordshire ASA		Bedfordshire	2:04.93		
			Dave Cartledge			33.44
			Marcel Scholten		-.--	33.73
			Chris Lewindon		-.--	29.96
			Mark Wareham		-.--	27.80
4.	Suffolk ASA		Suffolk	2:09.34		
			Martin Hailes			34.22
			Richard Goodchild		+ 0.35	35.76
			Andrew Kimpton		+ 0.16	28.90
			Peter Lynch		+ 0.56	30.46
	Norfolk County ASA		Norfolk	DQ FI		
			David Webster			
			Mark Claxton		-.--	
			Stuart Dyble		-.--	
			Martin Gale		-.--	

EVENT 32 Womens 140+ 200m Medley Team**Full Results**

Place	Name	A.G	Club	Time	R.T.	Split
1.	Essex County ASA		Essex	2:15.04		
			Michelle Curry			34.35
			Sally Wood		+ 0.53	38.98
			Dawn Palmer		+ 0.26	31.42
			Alyson Fordham		+ 0.10	30.29
2.	Bedfordshire ASA		Bedfordshire	2:15.87		
			Cheryl Templeman			38.37
			Sarah Pearce		-.--	37.57
			Liz Woolner		-.--	30.97
			Miriam Owens		-.--	28.96
3.	Hertfordshire ASA		Herts	2:22.92		
			Kerry-Anne Edwards			35.33
			Amanda White		-.--	40.19
			Dani Harrison		+ 0.53	36.47
			Anne Vanner		+ 0.65	30.93
4.	Norfolk County ASA		Norfolk	2:23.66		
			Jo Johnson			38.13
			Kate Warwick		-.--	38.29
			Jo Cresswell		-.--	35.16
			Hanna Dabbour		-.--	32.08
5.	Suffolk ASA		Suffolk	2:34.87		
			Hannah Jones			39.82
			Sarah Clarke		+ 0.63	42.95
			Sharon Perry		+ 0.22	34.68
			Maureen Wright		+ 0.39	37.42

EVENT 33 Mens 72+ 200m Medley Team**Full Results**

Place	Name	A.G	Club	Time	R.T.	Split
1.	Suffolk ASA		Suffolk	1:55.40		
			Ashley Buck			29.02
			Tom Williams		+ 0.60	32.61
			Lawrence Lowman		+ 0.40	27.81
			Jake Hughes		+ 0.27	25.96
2.	Norfolk County ASA		Norfolk	1:57.87		
			Alex Murray			30.40
			Joshua Gray		-.--	32.90
			Ben Johnson		-.--	29.33
			Mark Collins		-.--	25.24
3.	Essex County ASA		Essex	1:58.10		
			Mark Osterritter			32.02
			David Ebanks		+ 0.32	30.81
			Gary Wraight		+ 0.26	28.35
			Danny Baker		+ 0.42	26.92
4.	Bedfordshire ASA		Bedfordshire	2:00.36		
			Lewis King			33.67
			Jack McGarry		-.--	33.72
			Lawrence Palmer		-.--	27.26
			Louis Bell		-.--	25.71
5.	Hertfordshire ASA		Herts	2:01.85		
			James Allchorne			30.82
			Richard Charlesworth		+ 0.29	32.15
			Paul Mackie		- 0.16	29.40
			Darren Hampshire		-.--	29.48

EVENT 34 Womens 72+ 200m Medley Team**Full Results**

Place	Name	A.G	Club	Time	R.T.	Split
1.	Norfolk County ASA		Norfolk	2:12.86		
			Charlotte Smith			35.67
			Louise Bush		-.--	34.80
			Marcella Aris		-.--	31.69
			Zoe Ward		-.--	30.70
2.	Essex County ASA		Essex	2:12.92		
			Michelle Curry			33.94
			Sally Wood		+ 0.46	39.14
			Katie Holmes		+ 0.25	28.53
			Nicola Rees		+ 0.35	31.31
3.	Hertfordshire ASA		Herts	2:13.20		
			Rachel Barber			36.67
			Kira Doyle		-.--	37.73
			April Richards		-.--	31.68
			Lucy Charles		-.--	27.12
4.	Bedfordshire ASA		Bedfordshire	2:18.15		
			Kate Robinson			36.97
			Emma Irvine		-.--	38.81
			Natasha Mason		-.--	33.10
			Carla King		-.--	29.27
5.	Suffolk ASA		Suffolk	2:21.82		
			Marion Bryant			36.11
			Stephanie Bird		+ 0.10	41.42
			Kelly Murray		+ 0.43	33.00
			Alice Theobald		+ 0.35	31.29

EVENT 35 Mens 65+ 50m Backstroke**Full Results**

Place	Name	DoB	Club	Time
1.	Chris DUNN	04/08/46	Herts	38.05
2.	Alan JACKSON	12/09/39	Norfolk	40.20
3.	Derek GORE	07/05/40	Essex	49.75
4.	Paul CLARKE	02/01/42	Bedfordshire Suffolk	49.87 DNC

EVENT 36 Womens 65+ 50m Backstroke**Full Results**

Place	Name	DoB	Club	Time
1.	Pat JACKSON	04/03/47	Norfolk	44.18
2.	Janet MASTERS	20/04/40	Bedfordshire	48.94
3.	Jackie JACKSON	28/02/38	Herts	53.02
4.	Sue HOLDICH	28/06/43	Suffolk	53.87
5.	Valerie STANDAGE	04/01/42	Essex	1:00.68

EVENT 37 Mens 55+ 50m Backstroke**Full Results**

Place	Name	DoB	Club	Time
1.	Graham POWELL	28/05/56	Bedfordshire	32.66
2.	Neil CULLEY	16/08/56	Herts	38.51
3.	David ROYALL	04/04/55	Norfolk	40.12
4.	Nicholas HUNT	26/01/56	Essex	40.66
5.	Len PHOENIX	01/03/49	Suffolk	42.87

EVENT 38 Womens 55+ 50m Backstroke**Full Results**

Place	Name	DoB	Club	Time
1.	Alyson FORDHAM	29/10/56	Essex	37.94
2.	Alison SHEEHAN	09/10/58	Bedfordshire	44.09
3.	Vanessa POOLEY	07/05/58	Norfolk	44.52
4.	Janet GARDINER	06/05/49	Herts	47.68
5.	Sharon MCLELLAN	08/02/58	Suffolk	48.21

EVENT 39 Mens 45+ 50m Backstroke**Full Results**

Place	Name	DoB	Club	Time
1.	Dave CARTLEDGE	06/06/60	Bedfordshire	33.00
2.	Ian BALFOUR	25/04/68	Norfolk	36.84
3.	Phil GILBEY	30/03/67	Suffolk	37.33
4.	Darren HAMPSHIRE	23/01/67	Herts	39.83
	Geoff BAKER	10/04/59	Essex	DNF

EVENT 40 Womens 45+ 50m Backstroke**Full Results**

Place	Name	DoB	Club	Time
1.	Sally WINTER	27/03/60	Herts	37.68
2.	Dina THORNTON	14/01/63	Norfolk	41.36
3.	Madeline RAYMOND	06/08/63	Essex	42.90
4.	Jane SMITH	31/08/64	Suffolk	44.14
5.	Jackie MAYCOCK	16/10/62	Bedfordshire	45.59

EVENT 41 Mens 35+ 50m Backstroke**Full Results**

Place	Name	DoB	Club	Time
1.	David WEBSTER	03/06/78	Norfolk	30.33
2.	Mark OSTERITTER	07/03/72	Essex	31.34
3.	Chris HOWARD	05/05/75	Suffolk	34.11
4.	Mark WAREHAM	30/06/71	Bedfordshire	34.52
5.	Stephen KEMBALL-COOK	04/01/74	Herts	36.54

EVENT 42 Womens 35+ 50m Backstroke**Full Results**

Place	Name	DoB	Club	Time
1.	Dawn PALMER	04/04/76	Essex	33.60
2.	Elizabeth BELLINGER	22/09/78	Herts	35.94
3.	Cheryl TEMPLEMAN	25/01/78	Bedfordshire	37.61
4.	Jo JOHNSON	07/09/70	Norfolk	37.88
5.	Hannah JONES	15/10/72	Suffolk	39.32

EVENT 43 Mens 25+ 50m Backstroke**Full Results**

Place	Name	DoB	Club	Time
1.	Ashley BUCK	25/05/80	Suffolk	30.01
2.	Stuart CLARKE	17/04/84	Herts	30.51
3.	Mark BILLYARD	15/06/85	Essex	32.59
4.	Will APPLEBY	15/06/82	Norfolk	33.88
5.	Peter LEADBETTER	24/06/84	Bedfordshire	35.25

EVENT 44 Womens 25+ 50m Backstroke**Full Results**

Place	Name	DoB	Club	Time
1.	Michelle CURRY	03/07/87	Essex	34.10
2.	Kerry-anne EDWARDS	31/10/78	Herts	35.13
3.	Catherine MARKWELL	06/08/81	Norfolk	35.44
4.	Samantha HAMMOND	24/02/80	Bedfordshire	35.88
5.	Stephanie BIRD	23/08/88	Suffolk	36.42

EVENT 45 Mens 18+ 50m Backstroke**Full Results**

Place	Name	DoB	Club	Time
1.	Ashley BUCK	25/05/80	Suffolk	29.16
2.	Alex MURRAY	12/09/93	Norfolk	29.52
3.	James ALLCHORNE	29/04/89	Herts	30.68
4.	Mark OSTERITTER	07/03/72	Essex	30.93
5.	Lewis KING	18/09/90	Bedfordshire	32.91

EVENT 46 Womens 18+ 50m Backstroke**Full Results**

Place	Name	DoB	Club	Time
1.	Lucy CHARLES	15/09/93	Herts	31.25
2.	Marcella ARIS	06/10/95	Norfolk	32.72
3.	Michelle CURRY	03/07/87	Essex	34.17
4.	Marion BRYANT	06/09/95	Suffolk	36.00
5.	Kate ROBINSON	08/01/91	Bedfordshire	36.44

EVENT 47 Mixed 260+ 200m Free.Team**Full Results**

Place	Name	A.G	Club	Time	R.T.	Split
1.	Hertfordshire ASA		Herts	2:28.60		
			Ian Bays			35.72
			Janet Gardiner		-.--	41.44
			Jackie Jackson		-.--	43.27
			Chris Dunn		-.--	28.17
2.	Norfolk County ASA		Norfolk	2:37.02		
			Alan Jackosn			34.86
			Pat Jackson		-.--	40.24
			Lee Macdonald		-.--	47.10
			Chris Staines		-.--	34.82
3.	Bedfordshire ASA		Bedfordshire	2:40.22		
			Peter Iles			32.30
			Janet Masters		-.--	44.00
			Andrea Minor		-.--	44.44
			Paul Clarke		-.--	39.48
	Suffolk ASA		Suffolk	DNC		
	Essex County ASA		Essex	DQ O 4L		
			Derek Gore			34.82
			Barbara Boxall		+ 0.70	
			Alan Canham		+ 0.11	
			Jill Complin		+ 0.38	

EVENT 48 Womens 180+ 200m Freestyle Team**Full Results**

Place	Name	A.G	Club	Time	R.T.	Split
1.	Essex County ASA		Essex	2:06.07		
			Barbara Boxall			30.96
			Dawn Palmer		+ 0.56	31.13
			Alyson Fordham		+ 0.39	34.58
			Madeline Raymond		+ 0.36	29.40
2.	Norfolk County ASA		Norfolk	2:09.51		
			Jo Johnson			30.81
			Dina Thornton		-.--	33.37
			Jo Cresswell		-.--	33.81
			Isobel Robson		-.--	31.52
3.	Hertfordshire ASA		Herts	2:10.26		
			Michelle Hewson			32.33
			Sian Macdonald		+ 0.14	36.21
			Sally Winter		+ 0.19	31.28
			Anne Vanner		+ 0.11	30.44
4.	Bedfordshire ASA		Bedfordshire	2:15.47		
			Liz Woolner			29.63
			Christine Ayres		-.--	36.81
			Sarah Pearse		-.--	31.83
			Jackie Maycock		-.--	37.20
5.	Suffolk ASA		Suffolk	2:16.90		
			Hannah Jones			32.36
			Laurel Greszler		+ 0.28	33.16
			Maureen Wright		+ 0.27	35.88
			Jane Smith		+ 0.32	35.50

EVENT 49 Mens 180+ 200m Freestyle Team**Full Results**

Place	Name	A.G	Club	Time	R.T.	Split
1.	Hertfordshire ASA		Herts	1:48.43		
			Daryl Mason			25.66
			Neil Culley		+ 0.05	29.33
			Barry Chandler		- 0.18	27.13
			Craig Kirkland		+ 0.13	26.31
2.	Bedfordshire ASA		Bedfordshire	1:57.66		
			Marcel Scholten			27.10
			Carl Roberts		-.--	30.59
			John O'Rourke		-.--	32.51
			Dave Cartledge		-.--	27.46
3.	Essex County ASA		Essex	1:58.71		
			Geoff Baker			27.72
			Nicholas Hunt		+ 0.44	33.95
			Mark Billyard		+ 0.30	29.79
			Martin Lane		+ 0.42	27.25
4.	Suffolk ASA		Suffolk	1:59.98		
			Martin Hailes			27.36
			Peter Lynch		+ 0.45	30.14
			Phil Gilbey		+ 0.60	29.77
			Graham King		+ 0.09	32.71
5.	Norfolk County ASA		Norfolk	2:00.97		
			Phillip Moulson			30.01
			Frank Holmes		-.--	30.08
			Adam Lelean		-.--	30.58
			Ian Balfour		-.--	30.30

EVENT 50 Womens 100+ 200m Freestyle Team**Full Results**

Place	Name	A.G	Club	Time	R.T.	Split
1.	Hertfordshire ASA		Herts	1:57.66		
			Lucy Charles			27.96
			April Richards		- 0.04	29.86
			Elizabeth Bellinger		-.--	29.43
			Rachel Barber		- 0.07	30.41
2.	Bedfordshire ASA		Bedfordshire	2:00.89		
			Carla King			29.60
			Samantha Hammond		-.--	30.51
			Laura Robinson		-.--	31.79
			Miriam Owens		-.--	28.99
3.	Essex County ASA		Essex	2:01.08		
			Nicola Rees			27.15
			Sally Wood		+ 0.39	32.15
			Katie Holmes		+ 0.32	32.39
			Michelle Curry		+ 0.10	29.39
4.	Suffolk ASA		Suffolk	2:02.42		
			Stephanie Bird			30.46
			Alice Theobald		+ 0.44	31.71
			Philippa Davies		+ 0.31	29.95
			Rachel Riches		+ 0.28	30.30
5.	Norfolk County ASA		Norfolk	2:05.57		
			Catherine Markwell			29.86
			Hanna Dabbour		-.--	32.47
			Zoe Ward		-.--	32.04
			Charlotte Smith		-.--	31.20

EVENT 51 Mens 100+ 200m Freestyle Team**Full Results**

Place	Name	A.G	Club	Time	R.T.	Split
1	Essex County ASA		Essex	1:43.75		
			Danny Baker			26.20
			David Ebanks		+ 0.12	25.60
			Martin Lane		+ 0.41	27.03
			Matthew Rickett		+ 0.27	24.92
2	Norfolk County ASA		Norfolk	1:46.96		
			Will Appleby			26.81
			Joshua Grey		-.--	26.05
			Mark Claxton		-.--	27.49
			Martin Gale		-.--	26.61
3	Suffolk ASA		Suffolk	1:47.10		
			Jake Hughes			26.51
			Andrew Kimpton		+ 0.19	26.98
			Chris Howard		+ 0.47	27.31
			Lawrence Lowman		+ 0.46	26.30
4	Bedfordshire ASA		Bedfordshire	1:49.35		
			Marcel Scholten			27.10
			Louis Bell		-.--	26.16
			Peter Leadbetter		-.--	28.20
			Chris Lewindon		-.--	27.89
	Hertfordshire ASA		Herts	DQ M		
			Richard Charlesworth			
			Stuart Clarke			
			Paul Mackie			
			James Allchorne			

EVENT 52 Womens 65+ 50m Butterfly**Full Results**

Place	Name	DoB	Club	Time
1.	Pat JACKSON	04/03/47	Norfolk	42.52
2.	Janet MASTERS	20/04/40	Bedfordshire	51.02
3.	Jill COMPLIN	09/09/40	Essex	52.59
4.	Barbara EDLIN	05/08/45	Herts	1:01.16
	Sue HOLDICH	28/06/43	Suffolk	DNC

EVENT 53 Mens 65+ 50m Butterfly**Full Results**

Place	Name	DoB	Club	Time
1.	Chris DUNN	04/08/46	Herts	36.47
2.	Chris TRUEMAN	13/11/47	Norfolk	39.85
3.	Alan CANHAM	13/03/40	Essex	41.94
4.	Paul CLARKE	02/01/42	Bedfordshire	52.24
			Suffolk	DNC

EVENT 54 Womens 55+ 50m Butterfly**Full Results**

Place	Name	DoB	Club	Time
1.	Alyson FORDHAM	02/10/58	Essex	37.67
2.	Margaret CARRIER	05/04/54	Herts	42.03
3.	Christine AYERS	11/03/53	Bedfordshire	43.13
4.	Pat JACKSON	04/03/47	Norfolk	43.16
			Suffolk	DNC

EVENT 55 Mens 55+ 50m Butterfly**Full Results**

Place	Name	DoB	Club	Time
1.	Barry CHANDLER	06/04/57	Herts	29.46
2.	Graham POWELL	28/05/56	Bedfordshire	31.89
3.	Philip COTTON	03/07/56	Norfolk	33.17
4.	Nick HUNT	26/01/56	Essex	36.58
5.	Stuart MCLELLAN	19/11/49	Suffolk	40.10

EVENT 56 Womens 45+ 50m Butterfly**Full Results**

Place	Name	DoB	Club	Time
1.	Liz WOOLNER	10/02/67	Bedfordshire	31.27
2.	Madeline RAYMOND	06/08/63	Essex	33.54
3.	Sally WINTER	27/03/60	Herts	34.59
4.	Jo CRESSWELL	30/07/68	Norfolk	35.42
5.	Laurel GRESZLER	30/05/68	Suffolk	40.58

EVENT 57 Mens 45+ 50m Butterfly**Full Results**

Place	Name	DoB	Club	Time
1.	Dave CARTLEDGE	06/06/60	Bedfordshire	31.45
2.	Geoff BAKER	10/04/59	Essex	31.50
3.	Phillip MOULSON	17/02/66	Norfolk	32.02
4.	Kevin BINNS	23/04/62	Herts	32.22
5.	Peter LYNCH	26/03/62	Suffolk	37.74

EVENT 58 Womens 35+ 50m Butterfly**Full Results**

Place	Name	DoB	Club	Time
1.	Elizabeth BELLINGER	22/09/78	Herts	30.50
2.	Dawn PALMER	04/04/76	Essex	31.65
3.	Clare WARREN	14/04/77	Bedfordshire	35.44
4.	Sharon PERRY	05/07/72	Suffolk	35.52
5.	Dina THORNTON	14/01/63	Norfolk	36.53

EVENT 59 Mens 35+ 50m Butterfly**Full Results**

Place	Name	DoB	Club	Time
1.	Craig KIRKLAND	11/03/68	Herts	29.72
2.	Stuart DYBLE	18/07/71	Norfolk	30.10
3.	Martin HAILES	01/07/74	Suffolk	31.23
4.	Marcel SCHOLTEN	12/02/66	Bedfordshire	31.37
5.	Gary WRAIGHT	10/11/77	Essex	32.12

EVENT 60 Womens 25+ 50m Butterfly**Full Results**

Place	Name	DoB	Club	Time
1.	Samantha HAMMOND	24/02/80	Bedfordshire	33.71
2.	Hanna DABBOUR	10/07/83	Norfolk	34.73
3.	Stephanie BIRD	23/09/88	Suffolk	35.37
4.	Dani HARRISON	08/04/72	Herts	37.00
5.	Sally WOOD	11/12/80	Essex	37.20

EVENT 61 Mens 25+ 50m Butterfly**Full Results**

Place	Name	DoB	Club	Time
1.	Stuart CLARKE	17/04/84	Herts	28.15
2.	Tom WILLIAMS	23/02/85	Suffolk	28.87
3.	Mark BILLYARD	15/06/85	Essex	29.03
4.	Chris LEWINDON	29/03/83	Bedfordshire	30.14
5.	Will APPLEBY	15/06/82	Norfolk	30.63

EVENT 62 Womens 18+ 50m Butterfly**Full Results**

Place	Name	DoB	Club	Time
1.	Nicola REES	09/03/90	Essex	29.30
2.	Lucy CHARLES	15/09/93	Herts	29.84
3.	Natasha MASON	13/07/90	Bedfordshire	32.74
4.	Charlotte SMITH	05/04/93	Norfolk	33.47
5.	Kelly MURRAY	26/11/90	Suffolk	34.01

EVENT 63 Mens 18+ 50m Butterfly**Full Results**

Place	Name	DoB	Club	Time
1.	Lawrence PALMER	18/12/92	Bedfordshire	26.87
2.	Danny BAKER	30/03/94	Essex	28.20
3.	Lawrence LOWMAN	28/07/89	Suffolk	28.31
4.	Ben JOHNSON	03/12/92	Norfolk	29.79
5.	Paul MACKIE	21/01/93	Herts	30.31

EVENT 64 Mixed 220+ 200m Free.Team**Full Results**

Place	Name	A.G	Club	Time	R.T.	Split
1.	Hertfordshire ASA		Herts	2:13.67		
			Ian Bays			
			Sally Winter		+ 0.61	1.07.20
			Margaret Carrier		+ 0.53	38.92
			Barry Chandler			27.55
2.	Bedfordshire ASA		Bedfordshire	2:19.74		
			Graham Powell			30.35
			Alison Sheehan		-.--	40.99
			Christine Ayres		-.--	36.77
			Peter Iles		-.--	31.63
3.	Suffolk ASA		Suffolk	2:20.57		
			Terry Mansi			33.66
			Len Phoenix		+ 0.42	35.19
			Jane Smith		+ 0.54	36.34
			Maureen Wright		+ 0.31	35.38
4.	Essex County ASA		Essex	2:21.18		
			Alyson Fordham			35.90
			Barbara Boxall		+ 0.54	36.54
			Derek Gore		+ 0.69	38.43
			Alan Canham		+ 0.46	30.31
5.	Norfolk County ASA		Norfolk	2:29.42		
			David Royall			34.39
			Vanessa Pooley		-.--	
			Sue Thornett			
			Adam Lelean			1.55.03

EVENT 65 Womens 140+ 200m Freestyle Team**Full Results**

Place	Name	A.G	Club	Time	R.T.	Split
1.	Norfolk County ASA		Norfolk	2:01.52		
			Kate Warwick			30.13
			Jo Johnson		-.--	30.50
			Jane Taylor		-.--	31.96
			Catherine Markwell		-.--	28.93
2.	Essex County ASA		Essex	2:04.61		
			Madeline Raymond			31.98
			Katie Holmes		- 0.13	32.24
			Sally Wood		+ 0.39	32.26
			Dawn Palmer		+ 0.29	28.13
3.	Hertfordshire ASA		Herts	2:05.06		
			Michelle Hewson			31.79
			Rachel Barber		+ 0.42	30.21
			Dani Harrison		+ 0.51	32.67
			Anne Vanner		+ 0.61	30.39
4.	Bedfordshire ASA		Bedfordshire	2:05.93		
			Liz Woolner			29.88
			Clare Warren		-.--	32.24
			Cheryl Templeman		-.--	32.40
			Sarah Pearce		-.--	31.41
5.	Suffolk ASA		Suffolk	2:09.77		
			Alice Theobald			32.04
			Laurel Greszler		+ 0.51	34.41
			Hananh Jones		+ 0.49	32.01
			Sharon Perry		+ 0.34	31.31

EVENT 66 Mens 140+ 200m Freestyle Team**Full Results**

Place	Name	A.G	Club	Time	R.T.	Split
1.	Norfolk County ASA		Norfolk	1:50.01		
			Martin Gale			27.26
			Mark Claxton		-.--	28.06
			Stuart Dyble		-.--	28.01
			David Webster		-.--	26.68
2.	Essex County ASA		Essex	1:50.55		
			Keith Oddy			25.63
			Geoff Baker		+ 0.35	29.31
			David Ebanks		+ 0.12	25.27
			Martin Lake		+ 0.39	30.34
3.	Hertfordshire ASA		Herts	1:51.70		
			Darren Hampshire			30.01
			Kevin Binns		+ 0.35	28.75
			Stephen Kemball-Cook		+ 0.32	27.81
			Daryl Mason		+ 0.28	25.13
4.	Suffolk ASA		Suffolk	1:52.03		
			Chris Howard			28.26
			Martin Hailes		+ 0.27	27.02
			Phil Gibbey		+ 0.49	29.93
			Tom Williams		+ 0.23	26.82
5.	Bedfordshire ASA		Bedfordshire	1:55.90		
			Peter Leadbetter			29.14
			Mark Wareham		-.--	27.89
			Carl Roberts		-.--	30.69
			Chris Lewindon		-.--	28.18

EVENT 67 Womens 72+ 200m Freestyle Team**Full Results**

Place	Name	A.G	Club	Time	R.T.	Split
1.	Hertfordshire ASA		Herts	1:57.92		
			Elizabeth Bellinger			30.19
			Kira Doyle		+ 0.36	31.08
			April Richards		+ 0.38	29.48
			Lucy Charles		+ 0.33	27.17
2.	Norfolk County ASA		Norfolk	2:01.58		
			Charlotte Smith			31.81
			Louise Bush		-.--	30.54
			Zoe Ward		-.--	30.66
			Marcella Aris		-.--	28.57
3.	Essex County ASA		Essex	2:02.83		
			Katie Holmes			30.03
			Sally Wood		+ 0.44	33.72
			Michelle Curry		+ 0.27	32.49
			Nicola Rees		+ 0.08	26.59
4.	Bedfordshire ASA		Bedfordshire	2:03.07		
			Natasha Mason			31.56
			Laura Robinson		-.--	31.62
			Miriam Owens		-.--	28.87
			Emma Irvine		-.--	31.02
5.	Suffolk ASA		Suffolk	2:03.93		
			Stephanie Bird			30.91
			Kelly Murray		+ 0.42	30.65
			Marion Bryant		+ 0.50	31.05
			Alice Theobald		+ 0.45	31.32

EVENT 68 Mens 72+ 200m Freestyle Team**Full Results**

Place	Name	A.G	Club	Time	R.T.	Split
1.	Hertfordshire ASA		Herts	1:41.39		
			Stuart Clarke			25.62
			James Allchorne		+ 0.30	25.22
			Paul Mackie		+ 0.19	26.03
			Richard Charlesworth		+ 0.31	24.52
2.	Norfolk County ASA		Norfolk	1:43.87		
			Mark Collins			25.56
			Alex Murray		-.--	25.76
			Joshua Gray		-.--	25.92
			Ben Johnson		-.--	26.63
3.	Suffolk ASA		Suffolk	1:44.21		
			Lawrence Lowman			26.76
			Jake Hughes		+ 0.42	26.15
			Andrew Kimpton		+ 0.07	26.63
			Ashley Buck		+ 0.12	24.67
4.	Essex County ASA		Essex	1:45.27		
			Danny Baker			25.95
			Gary Wraight		+ 0.40	26.66
			Matthew Rickett		+ 0.44	27.03
			Martin Lane		+ 0.31	25.63
5.	Bedfordshire ASA		Bedfordshire	1:48.09		
			Louis Bell			26.73
			Lawrence Palmer		-.--	25.42
			Jack McGarry		-.--	28.42
			Lewis King		-.--	27.52